

## Session Four: Power and Privilege

### Learning Outcomes Left Over From Last Week

1. Participants will understand conscious and unconscious racism.
2. Identify and discuss institutional and cultural manifestations of racism.
3. Examine the cultural and institutional privileges attached to Whiteness in Society.
4. Participants will have an understanding of the history of racism in the US.

### Learning Outcomes:

- 1) Participants will understand the concept of racism
- 2) Participants will understand the concept of white privilege.
- 3) Participants will engage in a discussion of anti-racist activism.

### Article to Read:

- Chapter 2: What is Racism? (Miller & Garran)
- Chapter 4: The Web of Institutional Racism (Miller & Garran)
- Guidelines for Being Strong White Allies (on TRACS)
- Read: "Unpacking the Invisible Knapsack" (in your notebook)

### Agenda

- Discussion: How does privilege affect racism?
- In small groups discuss the invisible knapsack
- Discussion: What can we do to eliminate privilege?

### Audiovisual

- Watch "A Class Divided" PBS video  
<http://www.pbs.org/wgbh/pages/frontline/shows/divided/etc/view.html>
- "Color of Fear" clip  
[http://www.youtube.com/watch?v=-vAbpJW\\_xEc](http://www.youtube.com/watch?v=-vAbpJW_xEc)
- "Welcome to the Pain"  
<http://www.youtube.com/watch?v=v8lxSwUKy48&feature=related>

### Exercises

- Step Forward, Take a Look (Power Shuffle)
- Starburst Power